

Diet Ripped

Serving size 2 capsules  
Servings Per Container: 60

<u>Amount per serving</u>	<u>%Daily Value</u>
Vitamin B6 (as pyridoxine hydrochloride) 25mg	1250%
Diet Ripped® Blend 1.4 g Glucomanan, Green Tea Leaf Extract, Gymnema Leaf Extract, Grape Seed Extract, Alpha Lipoic Acid	†

† Daily Value not established

Other ingredients: gelatin, microcrystalline cellulose, magnesium stearate and dicalcium phosphate.

Directions: As a dietary supplement, take 2 capsules, 1-3 times per day, 30 minutes prior to a meal, with at least 12 oz (355mL) of a non-caffeinated beverage of your choice. Do not take more than 6 capsules in any 24 hour period, or within 5 hours of bedtime.

NOTE: Each serving (2 capsules) contains 20mg of caffeine.