

## **GABA**

Serving Size: 2 Capsules

45 servings

Amount Per Serving:

Gamma Aminobutyric Acid (GABA): 1500 mg

Other Ingredients: Cellulose, dicalcium phosphate, gelatin and magnesium stearate.

Directions: Take two capsules daily, preferably at bedtime or as recommended by a health care professional.