

GABA

Serving Size: 2 Capsules

Servings Per Container: 45

Amount Per Serving:

Gamma Amino Butyric Acid (GABA): 1500 mg

Other Ingredients: Cellulose, dicalcium phosphate, gelatin and magnesium stearate.

Directions: Take two capsules daily, preferably at bedtime or as recommended by a health care professional.