

DAILY COMPLETE FORMULA TABLETS

Serving Size: 6 tablets

30 servings

| Amount per 6 tablets | | % Daily Value |
|---|-----------|---------------|
| Vitamin A (as palmitate) | 10,000 IU | 200% |
| Vitamin C (as ascorbic acid) | 1000 mg | 1667% |
| Vitamin D3 | 400 IU | 100% |
| Vitamin E (as d-alpha tocopherol succinate) | 200 IU | 667% |
| Thiamine | 50 mg | 3333% |
| Riboflavin | 50 mg | 2941% |
| Niacin (as niacinamide) | 50 mg | 250% |
| Vitamin B6 | 50 mg | 2500% |
| Folic Acid | 400 mcg | 100% |
| Vitamin B12 | 50 mcg | 833% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid | 50 mg | 500% |
| Calcium (from amino acid chelate) | 1000 mg | 100% |
| Iron (from amino acid chelate) | 18 mg | 100% |
| Iodine (from Kelp) | 150 mcg | 100% |
| Magnesium (from amino acid chelate) | 500 mg | 125% |
| Zinc (from amino acid chelate) | 23 mg | 150% |
| Selenium (as selenomethionine) | 70 mcg | 100% |
| Copper (from amino acid chelate) | 3 mg | 150% |
| Manganese (from amino acid chelate) | 10 mg | 500% |
| Chromium (as Chromium Polynicotinate) | 200 mcg | 167% |
| Potassium (from amino acid chelate) | 95 mg | 3% |
| Bioflavonoids (from citrus) | 250 mg | * |
| Glutamic Acid | 100 mg | * |
| Betaine Hydrochloride | 100 mg | * |
| Choline (as bitartrate) | 50 mg | * |
| Inositol | 50 mg | * |
| Rutin | 50 mg | * |
| Para Amino Benzoic Acid | 30 mg | * |
| Rose Hips Powder | 20 mg | * |
| Hesperidin | 20 mg | * |
| Acerola | 10 mg | * |
| Boron (from amino acid chelate) | 3 mg | * |

* Daily Value Not Established

Other Ingredients: Dicalcium Phosphate, Cellulose, Croscarmellose Sodium, Pharmaceutical Glaze, Stearic Acid, Magnesium Stearate and Silicon Dioxide.

Directions: As a dietary supplement, take six tablets daily. Three tablets after breakfast and three tablets after dinner.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.