

100% Premium MELATONIN

Serving Size: 1 Capsules

Servings per container: 60

Amount Per Serving: Melatonin: 3mg

Directions: As a dietary supplement, take one capsules before bedtime, or as recommended by a health care professional. Do not exceed one capsule per day.

Other Ingredients: microcrystalline cellulose, dicalcium phosphate, gelatin, and magnesium stearate.

Warnings:

Not to be taken by pregnant or lactating women.

Not to be taken by persons with severe allergies or auto immune conditions.

May cause drowsiness.

Keep out of reach of children.

Do not use if seal is broken or missing.

Store in a cool dry place.