

## **CO Q-10**

Serving size: 1 capsule

30 servings

Amount per serving: Coenzyme Q-10 100 mg

Directions: As a dietary supplement, take one capsule daily.

Other Ingredients: dicalcium phosphate, microcrystalline cellulose, gelatin, stearic acid and silica.

Warning: Not to be taken by pregnant or lactating women, or any person under 18 years old.