

FAT BLOC

Supplement Facts

Serving size 2 capsules

Servings per container 45

Amount per serving	%	Daily Value
Vitamin C	40mg	67%
Chitosan	1000mg	*

* Daily Value not established

Directions: Take two capsules with 8 oz. (237 mL) of water, 15-30 minutes before each meal. Do not exceed two capsules per meal.

Other Ingredients: Microcrystalline cellulose, gelatin, and magnesium stearate.

Contains Shellfish (shrimp & crab).